

Field Trip Guide

FALL 2026



ANATOLIA AMERICAN
UNIVERSITY

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Canyoning

Dates: Oct. 3, 4, 17, 18, 31, & Nov. 1

Cost: €70

(includes transportation, equipment, snack)

A day trip where we will travel down a river flowing through a canyon on Mt. Olympus by abseiling, scrambling, floating, swimming and jumping off small waterfalls. The trip is guided by the "Baseline Outdoor Activities" team.



Scuba Diving

Dates: Oct. 3

Cost: €90

(includes transportation to a Diving Center in Paliouri, Halkidiki, diving equipment, 30' lesson, 40' dive (beginners to 15ft, certified to 60ft), diving instructors, and light meal on your way back to Thessaloniki)

Live the magic world of underwater and take a course that counts toward PADI certificate and more. The dive will be guided by TRITON Scuba Diving Center.

Beginner-friendly; experienced divers have a chance to explore deeper waters.

Mt. Olympus Day Hike

Dates: Sep. 26, 27; Oct. 3, 4

Cost: €60

(includes transportation, mountain guides)

Discover the legendary home of the gods on this demanding day hike to Mt. Olympus. Designed for fit and adventurous travelers, this 8-hour trek leads you through shaded forests, rocky slopes, and alpine meadows.

Expect steep climbs, rugged descents, and uneven terrain that require strength, stamina, and focus.

This is a true mountain adventure—not a leisurely walk—and those prepared for the challenge will be rewarded with sweeping views and an unforgettable sense of achievement.

Please note that the hike does not go to the peak of the mountain!



3-Day Sailing Trip

Dates: Oct. 2-4

Cost: €350

(includes 3 sailing days, 2 nights on the boat, food, skipper, group transportation to/from port)

This is a 3-day trip in the area of Halkidiki, Greece. No sailing experience is required. In each boat we will have a professional skipper on-board. You can relax, enjoy living on the sailboat and explore beaches and harbors or you can take an active role in handling the sailboat under the watchful eye and direction of a professional skipper.



Meteora Monasteries Day Trip

Dates: Nov. 21 & 28

Cost: €80

(includes transportation, visits to 2 monasteries, guide, lunch)

A day trip to visit two of the Meteora monasteries, impressively built during the middle ages on the peak of very high rocks and protected as a UNESCO World Heritage site. Lunch in the town of Kalambaka (included).



Mt. Olympus Overnight Hike

Dates: Oct. 10-11 & 17-18

Cost: €90

(includes transportation, lodge accommodation, mountain guides)

We will spend **15+** hours over two days hiking legendary Mount Olympus, the highest Greek mountain (2918m/9577ft), with experienced mountain guides. On the first day, and within just 3 hrs. we will ascend from 1100m to 2100m by walking 4,5 km and carrying our backpacks (4 to 6 kg). After spending the night at the refuge, we will hike for approximately 2 hrs. to reach the "Muses Plateau" (2 km away and 600m higher), passing just under the peak of the mountain. The return hike to the bus involves a descent of 10 km in about 6 hrs. **Please note that the hike is designed for experienced hikers**, is demanding and involves heights. We will return to Thessaloniki in late afternoon hours.



A Day at the Museums

Dates: Sep. 27 & Oct.11

Cost: €0

Sep. 26 • Thessaloniki Archaeological Museum

Nov. 14 • Thessaloniki Museum of Byzantine Culture & Museum of Contemporary Art
Registration is required and attendance is limited; the guided tour starts at 12.



Meteora & City of Ioannina Overnight Trip

Dates: Nov. 7-8

Cost: €120

(includes transportation, 5-star hotel in Ioannina (breakfast included), Perama Cave visit, visit to 2 monasteries, guide)

A weekend trip to Thessaly region to visit 2 of the Meteora monasteries impressively built during the middle ages on the peak of very high rocks and protected as a UNESCO World Heritage site. In the Epirus region we will visit the 1200m long "Perama Cave" in Ioannina with impressive stalactites and stalagmites. We will stay overnight in Ioannina, a magnificent historic town with a beautiful castle and a lake in the center of the town.

Rafting

Dates: Nov. 15

Cost: €80

(includes transportation, equipment, snack)

A relaxing rafting adventure in the crystal clear waters of Venetikos river. The descent of Venetikos river is an easy ride, ideal even for beginners. The scenery is very interesting with the deep vegetation and the turquoise waters that are among the clearest in Europe. The boldest of the participants can enjoy a refreshing swim in the cold river waters with an average temperature of 9°C year-round.



Pozar Hot Springs

Dates: Nov. 22 & 29

Cost: €30

(includes transportation to Pozar “Loutra Arideas”, visit to Edessa Waterfall, entrance to outdoor pools and hot waterfall)

A day trip to the Thermal baths of Pozar. Pozar has natural hot springs with hot water at a constant temperature of 37C. You can choose to swim in the large outdoor hot pool, the hot waterfall along the river or take a walk along the wooded paths. Bathing suit is required. Bring money for snack and lunch.



Important Info

Sign-Ups

Sign-up through your **Student Portal** after orientation (more detailed instructions will be emailed to your Anatolia account).

Contact Us!

Contact us with any questions!
Athletic & Student Activities Office
Stavros Constantinidis Hall
Room 202
2310 398 228
studentactivities @act.edu

Save the Date!

Sep. 22-23

Activities Fair

Sep. 30

Students General Assembly

Oct. 7 (TBC)

Spirit Day

Oct. 7

SGA Class Representatives
Elections

Oct. 13-16

Wellness Week

Oct. 30

Halloween on Campus

Nov. 16-20

International Education Week

Nov. 26

Thanksgiving on Campus

Nov. 27

NUin Family Day